

## Digital Stories of Stigma - Indonesia - Nina

Series title slide text: Stories of Impact and Resilience from People with Disability

Explanatory slide 1 text: Sharing lived experiences gives planners and policy makers valuable insights into the needs of those impacted by their decisions.

Explanatory slide 2 text: We asked people with disability to tell a story about a time they experienced stigma and how they coped.

Video title text: Experiences of Stigma. Nina's story – Indonesia

In this video Nina's voice is affected by her cerebral palsy when she speaks and her identity, and that of other people, are protected by not showing anyone's face.

Start: The video semi-focusses on a flag and then we see Nina's hands moving some paperwork about.

She says: My name is Nina. I am a woman with disability. I have cerebral palsy.

We see over Nina's shoulder as she inspects some maths worksheets for a primary school class and then packs them into a bag along with a laptop.

She says: I am a teacher at a school for children with disability. When I first became a teacher, many people doubted my ability. Some of the schools I applied at rejected me. I don't know why. One school was willing to accept me on one condition: they would check with the teachers there first.

We see from behind as Nina walks towards a flight of steps and then we watch two sets of hands gesticulating as two women have a conversation near some motorbikes.

She says: Apparently, some teachers wanted me there because they thought, "who else would work with students with disability?" I heard that some of the other teachers didn't want me there at all. Finally, the school accepted me.

The camera focuses on clouds and a rainy street with motorbikes on it, then a woman parking a motorbike to allow another woman to get on while Nina waves to them but then makes a fist at her side when they are gone.

Nina says: The teachers also treated me differently when I needed to travel. A lot of people didn't want to give me a ride. At that time, I felt sad and left out. I wondered, "What's wrong with me? Why am I experiencing this? Why do people hate me?"

We see Nina working on her computer and sorting student papers before the camera focusses on a tree and then shows several people in a café eating small cakes.

She says: These experiences have given me a poor sense of self. I blame myself a lot, but I have also had good past experiences. People who initially resisted me gradually became more accepting and are now my friends.

We see Nina walking down a flight of steps and then using her phone where there is a picture on the screen of people touching fingers to indicate friendship. There is text that says 'status update: I am glad to meet friends this afternoon' and happy emojis.

She says: I used to find leaving a positive impression on people hard because one-on-one interactions are difficult for me, but I am finding this a lot easier now with social media. I would like

to see a psychologist who can help me restore my former sense of self, this will be important and help me achieve success in the future.

We see Nina looking through a bookshelf with an eclectic range of books and choosing one on classroom management and two other books which she sets on a table and starts to review. She writes on notepad, the words are "I know I can".

Disclaimer slide text: This publication has been funded by the Australian Government through the department of Foreign Affairs and Trade. The views expressed in this publication are the author's alone and are not necessarily the views of the Australian Government

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End slide text and logos:

Text: Find more stories of impact and resilience, beside this is a QR code that links to <https://mispgh.unimelb.edu.au/centres-institutes/nossal-institute-for-global-health/research/research-groups/stories-of-impact-and-resilience>

Also in text: This video has been funded by the Australian Government through the Department of Foreign Affairs and Trade (DFAT). Produced by SAPDA and the Nossal Institute, University of Melbourne, through the CBM-Nossal Partnership.

Logos:

Australian Aid – navy blue writing and a red kangaroo,

SAPDA orange writing and blue weighing scales with a wheelchair symbol, and navy blue writing in Indonesian Sentre Advokasi Perempuan, Difabel dan Anak

CBM, global disability inclusion red writing, and inclusion advisory group black writing with a yellow circle, red and yellow dots in a cross shape

The University of Melbourne, blue square with white writing and figure of Nike the goddess of victory with the latin words postera crescam laude