BLOW NOSE UNTIL EMPTY



WASH HANDS WITH SOAP AND WATER



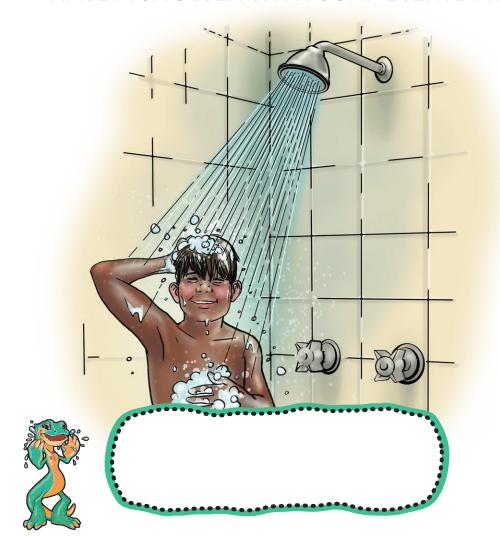
WASH FACE TO CLEAN SNOT AND YUCKY EYES



BRUSH TEETH WITH TOOTHPASTE, MORNING AND NIGHT



HAVE A SHOWER WITH SOAP EVERYDAY



DON'T SHARE TOWELS



DON'T SHARE TOWELS



COUGH AND SNEEZE INTO YOUR ELBOW

