

# CENTRE FOR MENTAL HEALTH

## Seminar Series

The University of Melbourne

### **SEYMOUR: Using systems modelling and simulation to inform suicide prevention policy and planning in Australia and the UK**

**Presenter: A/Prof. Maria Michail**

**Thursday 15 June 2023**

**12.30pm—1.30pm**

**Seminar Room 515, Level 5, 207 Bouverie Street,  
Carlton  
and  
Via Zoom**

**[https://unimelb.zoom.us/j/88449051277?  
pwd=aXg5cjgzUzk2SnNiUjZVRGhFN3FQZz09](https://unimelb.zoom.us/j/88449051277?pwd=aXg5cjgzUzk2SnNiUjZVRGhFN3FQZz09)**

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In this seminar, A/Prof. Michail will present SEYMOUR (*System Dynamics Modelling for Suicide Prevention*), an EU-funded programme of work, which will develop and evaluate a system dynamics model to inform youth suicide prevention policy, planning and implementation in Australia and the UK.

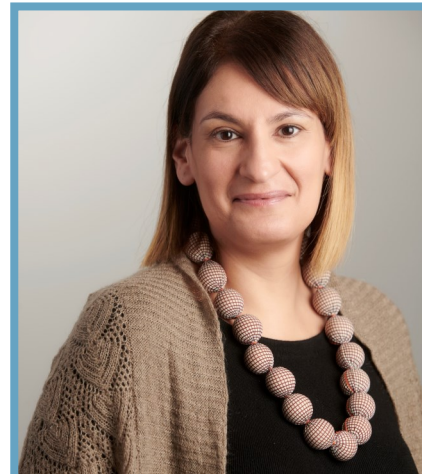
A/Prof. Michail will discuss how complex systems modelling has the capacity to inform policy making and strategic action in suicide prevention by leveraging empirical data, existing scientific evidence, and the knowledge of young people with lived experience of self-harm and suicidal behaviour.

A/Prof. Michail will describe the participatory systems modelling approach adopted by SEYMOUR to inform model development, evaluation, and implementation, and identify future directions to maximise the potential of participatory modelling to achieve better and more sustainable health outcomes.

SEYMOUR brings together a wide group of collaborators across the University of Birmingham, UK; Orygen, Centre for Youth Mental Health, University of Melbourne and the Brain and Mind Centre, University of Sydney.



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Maria Michail is an Associate Professor and a Marie Skłodowska-Curie Global Fellow at the Institute for Mental Health, University of Birmingham, UK.

Maria is leading the self-harm and suicide prevention research group at the Institute for Mental Health.

She is the Co-Chair of the International Association for Suicide Prevention Special Interest Group "Suicide Prevention in Primary Care" and the International Early Psychosis Association Vice President for Europe.

These seminars are free. Visitors are welcome to attend. Lunch provided.  
For more information contact the Centre for Mental Health +61 3 8344 0908