

VICTORIA: A list of useful information/resources/tools/training to support Aboriginal and Torres Strait Islander eye health

Background Information

- **Korin Korin Balit-Djak: Aboriginal health, wellbeing and safety strategic plan 2017–2027** [Report] (Department of Health and Human Services)
- **The Roadmap to Close the Gap for Vision 2012** [Report] (Indigenous Eye Health)
- **Strong Eyes, Strong Communities – A five year plan for Aboriginal and Torres Strait Islander eye health and vision, 2019-2024** [Report] (Vision2020 Australia)
- **Eye health statistics for eye health for Aboriginal and Torres Strait Islander people** [Infographics] (Fred Hollows Foundation and HealthInfonet)
- **Indigenous Eye Health Measures 2020** [Report] (Australian Institute of Health and Welfare)
- **Provision of Eye Health Equipment and Training Project (PEHET)** (Retinal Photography) [Website] (Australian College of Optometry)
- **The Victorian Aboriginal Subsidised Spectacles Scheme (VASSS)**
- **The Visiting Optometry Service (VOS)** [Website] (Rural Workforce Agency and the Australian College of Optometry)
- **'Share your Story': success stories and personal reflections in Aboriginal and Torres Strait Islander eye health** [Initiative] (Indigenous Eye Health)

- **Calculator for the delivery and coordination of eye care services** [Online tool] (Indigenous Eye Health)
- **Health Pathways Melbourne referral guidance** [Online portal] (Primary Health Network)
- **KeepSight - National diabetes eye check reminder program** [Initiative] (Diabetes Australia and Vision 2020 Australia)

Provision of Eye Health Equipment and Training Project



Health Promotion Resources

Aunty Mary's Story – a guide to vision loss [YouTube video] (Guide Dogs Australia) explores some of the main eye conditions that can lead to vision loss for Aboriginal and Torres Strait Islander eye health: cataracts, diabetic retinopathy, glaucoma and macular degeneration

'Check Today, See Tomorrow' diabetes eye care [Resource package] (Indigenous Eye Health)

- [Resource Kit](#) for primary health care and community awareness on diabetes eye care
- [Multimedia](#) (personal stories, music videos, radio and TV ads)
- [Adapt the resources](#) (local adaptations supported)
- [Video](#) on regular eye checks as part of 715 Health Checks

Keep your Sight, Get your Eyes Checked [Resources on various eye conditions including cataracts, diabetic retinopathy, refractive error, smoking and VASSS] (VACCHO and the Vision Initiative)

- Brochures on each eye condition
- Poster on regular eye checks
- Appointment card

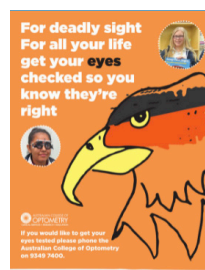
Children and vision care: health promotion for Aboriginal and Torres Strait Islander children [Social media tiles] (VACCHO and the Vision Initiative)

Bunjils Mirring Nganga-djak eye health project [Posters] (EACH) (created by school students to promote Aboriginal eye health - available to download or adapt (with permission))

Feltman (with eyes) [Training] (Diabetes Victoria and VACCHO) interactive diabetes education tool and training includes key messages relating to diabetes eye care

Key Facts on diabetic retinopathy [Infographics] [Fred Hollows Foundation and HealthInfonet]

- Infographic/animated infographic
- PowerPoint Presentation



Training & Education

'Looking Deadly' eye health module [Online module] (VACCHO and Vision Initiative) Self-paced training for Aboriginal health workers and other primary health care professionals - relevant to Victoria's Aboriginal community (approx. 2 hours). It comprises of four key areas:

- Eye health statistics
- Anatomy of the eye
- Common eye conditions
- Eye health and vision care

Accredited eye health training [Online modules] (Vision Initiative) Suitable for primary health care and allied health professionals

- [An introduction to eyes](#) (For GPs) (2 hours)
- [Eye health and vision care](#) (For practice nurses) (1 hour)
- [Common eye conditions](#) (For diabetes educators) (1.5 hours)
- [Diabetes and eye health](#) (For nurses and midwives) (1.5 hours)

E-learning eye health [Online modules] (Remote Area Health Corps and Indigenous Eye Health)

- Introduction to Indigenous Health
- Eye health and diabetes
- Primary eye care checks

Self-directed diabetic retinopathy grading course [Online] (Indigenous Eye Health and Centre for Eye Research) Several parts with information on grading diabetic retinopathy, practice quiz sessions and competency exams

Retinal camera training for primary care workers [Online module] (Brien Holden Vision Institute) provides tools to assess vision (visual acuity) and discuss diabetic eye disease with patients, assisted by retinal photographs

Instructional eye videos from the PEHET project [Video] (Brien Holden Vision Institute)

- [Measuring Visual Acuity](#)
- [Taking Retinal Photos](#)



Looking Deadly Eye Health Module



Cultural Safety & Awareness

Introduction to Aboriginal cultural safety training [Online/f2f Training] (VACCHO) Suitable for all professionals and ideal for individual or small group bookings (i.e. where numbers are less than 10 people) (5 hours)

Cultural safety training [Online/f2f training] (RWAV and VACCHO) Available for all professionals (5 hours)

'Asking the Question' (AtQ) [Resources] (adapted with permission by Indigenous Eye Health) adapted to support eye health providers to ask the question 'Are you of Aboriginal and/or Torres Strait Islander origin?'

- 'Toblerone' (or 'tent' shaped) desktop resource – a prompt to 'ask the question'
- AtQ Information sheet to improve eye care delivery



Refer to your local Aboriginal Community Controlled Health Organisation for further support, information and other training on cultural safety and awareness