



Social connections and community sport

PhD Student: Dana Young

Responsible Researcher: Dr Karen Block

Additional Researchers: Professor Lisa Gibbs

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My name is Dana Young. I am a researcher and PhD student at the University of Melbourne's School of Population and Global Health, and I wanted to tell you about this project and invite you to participate. If you're interested, please read this information carefully, and decide if you want to be involved. You can ask questions if there's something you don't understand or want to know more about.

What is this project about?

This project invites women and teenage girls (aged over 12 years) from migrant backgrounds to participate in a study to share your experiences of participating at a sports club and whether it supports your social connections.

If I decide to participate, what will I do?

- The research team would like to meet with you in person at a place convenient and safe for you (e.g. your sports club or a community venue). This discussion will last for approximately 60 minutes.
- **First**, you will be asked about your experiences of participating in sport, your social interactions, how being involved at your sports club affects your social networks and any issues that are important to you that you would like to discuss. You may be asked your thoughts about how being involved at a sports club affects the social interactions of your club members.
- This session will involve creating a map of your social networks, who you seek support from and who you provide support to.
- The discussion will be audio recorded to help us remember what was said.
- Non-identifying photos may also be taken if you are ok with it and (if you are under 18 years old your parent provides consent). The photos will help to demonstrate the research process in presentations and reports.
- As a thank you for your time during this session you will be provided a \$30 gift card.
- **Secondly**, you will be invited to complete a short survey to help understand how social capital can be developed in sports club settings. After completing the survey you will be eligible to go into a draw for a \$100 gift card as a thank you for your time.

Do I have to participate?

This is voluntary - it's up to you if you want to be part of it. You are also welcome to participate in just one component of the research. If you join in, you can also stop at any time, and it won't affect you in anyway.

What are the possible benefits?

Although there are no direct benefits, we think that participating in research can be rewarding as you are providing new knowledge.

What are the possible risks?

It is not anticipated this research will cause any distress, but if during our discussion there is something that makes you feel sad, angry or uncomfortable, you can choose if you want to talk about it or not.

If you are ever distressed or worried about any problems and you are not sure who you can talk to, you can contact:

Free, confidential youth support services

eheadspace: 1800 650 890, <https://headspace.org.au/eheadspace/>

Kids Helpline: 1800 55 1800, <https://kidshelpline.com.au/teens>

Free, confidential service for adults

Beyond Blue Support Service: 1300 22 4636, www.Beyondblue.org.au

Will I hear about the results of this project?

Yes. You will be provided with a summary of the results. These results will also be included in Dana Young's PhD thesis, presented at conferences, in reports and in academic journal articles.

Will the things that I say be kept private?

Yes, only the researchers will know what you say. We will present the results anonymously in any reports, but as there are only a small number of people taking part in this project, it is possible that someone who knows you might be able to guess who you are from what was said. We will keep recordings and notes from the project for five years at The University of Melbourne after the last reports and papers are published and then we will destroy them.

If you are under 18 years old, we would only contact your parents or authorities if you discuss something during the discussion that raises concerns for your safety or welfare.

For writing out (transcribing) the interviews, we may make use of Otter.ai, a company that uses a computer to write out the interview, rather than humans. Information from the recording will be subject to Otter.ai's [Terms of Service](#) and [Privacy Policy](#). Otter.ai stores and processes information overseas.

Where can I get further information?

You can contact us any time to discuss the project:

Dana Young dana.young@unimelb.edu.au or 9035 9870

Karen Block keblock@unimelb.edu.au or 8344 0862

The project is funded by a National Health & Medical Research Council Post-Graduate scholarship.

Who can I contact if I have any concerns about the project?

This research project has been approved by the Human Research Ethics Committee of The University of Melbourne. If you have any concerns or complaints about the conduct of this research project, which you do not wish to discuss with the research team, you should contact the Manager, Human Research Ethics, Office for Research Ethics and Integrity, University of Melbourne, VIC 3010. Tel: +61 3 8344 2073 or Email: HumanEthics-complaints@unimelb.edu.au. All complaints will be treated confidentially. In any correspondence please provide the name of the research team or the name or ethics ID number of the research project.

Consent form

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1. I understand that this study seeks to explore women and teenage girls' views and experiences, their social interactions, social networks, and the role of their sporting club.
2. I understand that I will participate in a discussion to create a map of my social networks and the role of my sports club, and this will be used for research purposes.
3. I understand that the discussion will be audio recorded.
4. I understand I will also be asked to complete a short survey about my sports club and all data will be reported anonymously.
5. I understand that some non-identifying photos will be taken and used in presentations and reports to demonstrate the research process.
6. I understand that my participation is voluntary and that I am free to quit the project anytime, without explanation and this will not affect me in anyway.
7. I understand that the data from this research will be stored securely at the University of Melbourne and we will keep recordings and notes from the project for five years after the last reports are published and then we will destroy them.
8. I understand that the interview recording may be provided to another company, Otter.ai for transcription (writing out) and information will be stored and processed by Otter.ai overseas
9. I understand that the information from the discussions will be grouped and not linked to any individuals but if my story is familiar to others they may recognise my contribution.
10. I understand that after I sign and return this consent form, it will be kept securely by the researchers in a locked cabinet at the University of Melbourne.

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| I consent to participating in this project as a research participant | YES / NO |
| I am happy for you to take non-identifying photos of me during this project and to use them in reports, presentations and online material about the project. | YES / NO |
| MY NAME: | AGE: |
| MY CONTACT DETAILS: | Preferred contact method SMS CALL SOCIAL MEDIA EMAIL |
| PARENT/ GUARDIAN NAME (if under 18 years): | |
| MY SIGNATURE: | DATE: __ / __ / 20__ |