

MILPA'S SIX STEPS TO STOP GERMS



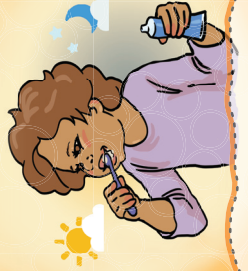
1: BLOW NOSE UNTIL EMPTY



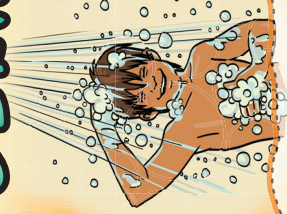
2: WASH HANDS WITH SOAP AND WATER



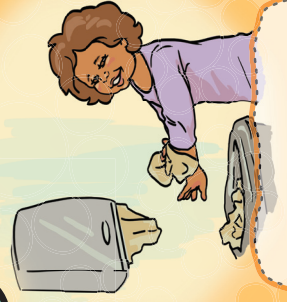
3: WASH FACE TO CLEAN SNOT AND YUCKY EYES



4: BRUSH TEETH WITH TOOTHPASTE, MORNING AND NIGHT



5: HAVE A SHOWER WITH SOAP EVERYDAY



6: DON'T SHARE TOWELS