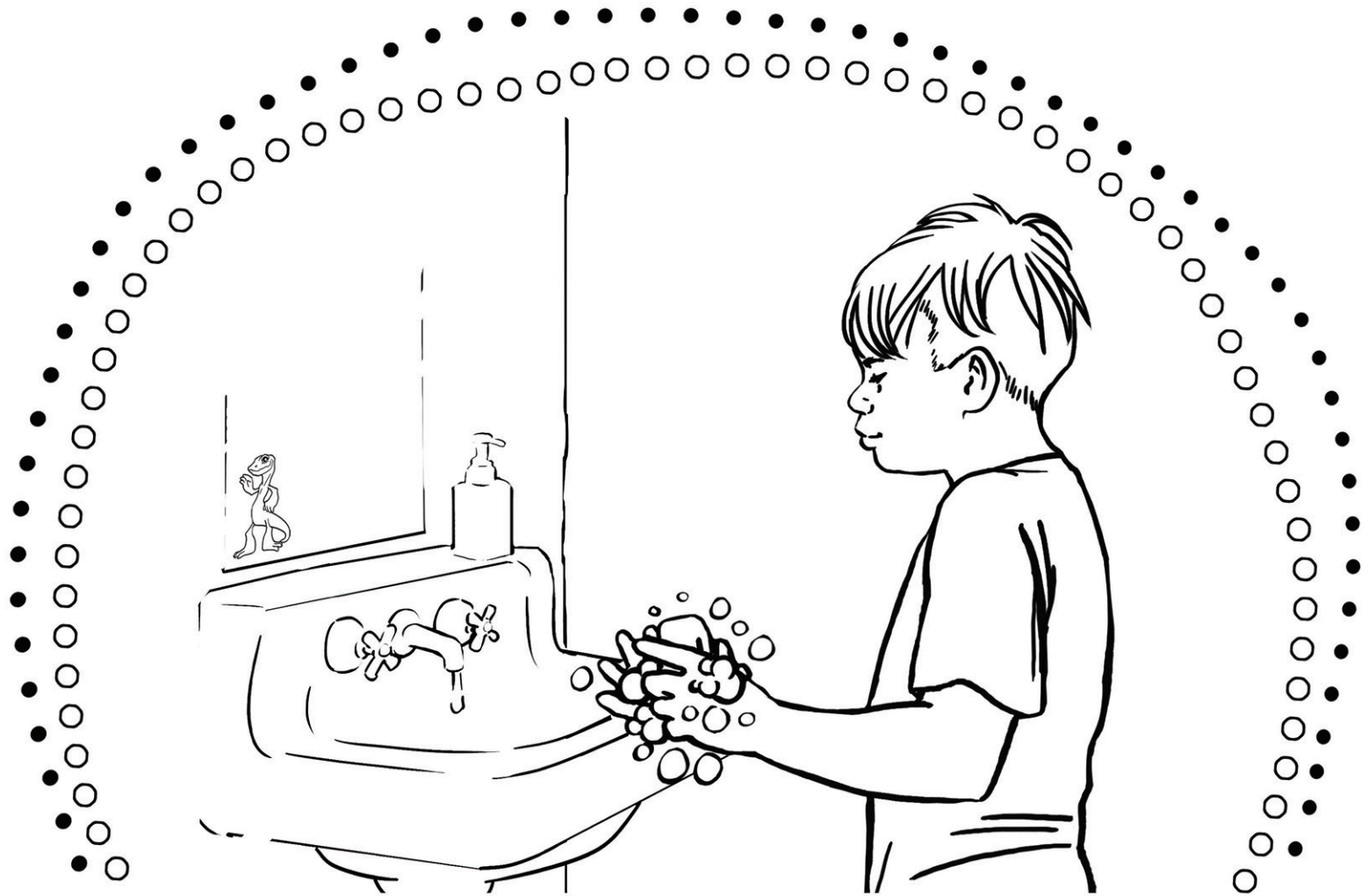




BLOW NOSE UNTIL EMPTY





WASH HANDS WITH SOAP AND WATER





WASH FACE TO CLEAN SNOT
AND YUCKY EYES





BRUSH TEETH WITH TOOTHPASTE,
MORNING AND NIGHT





HAVE A SHOWER WITH
SOAP EVERY DAY





DON'T SHARE TOWELS





COUGH AND SNEEZE INTO YOUR ELBOW

