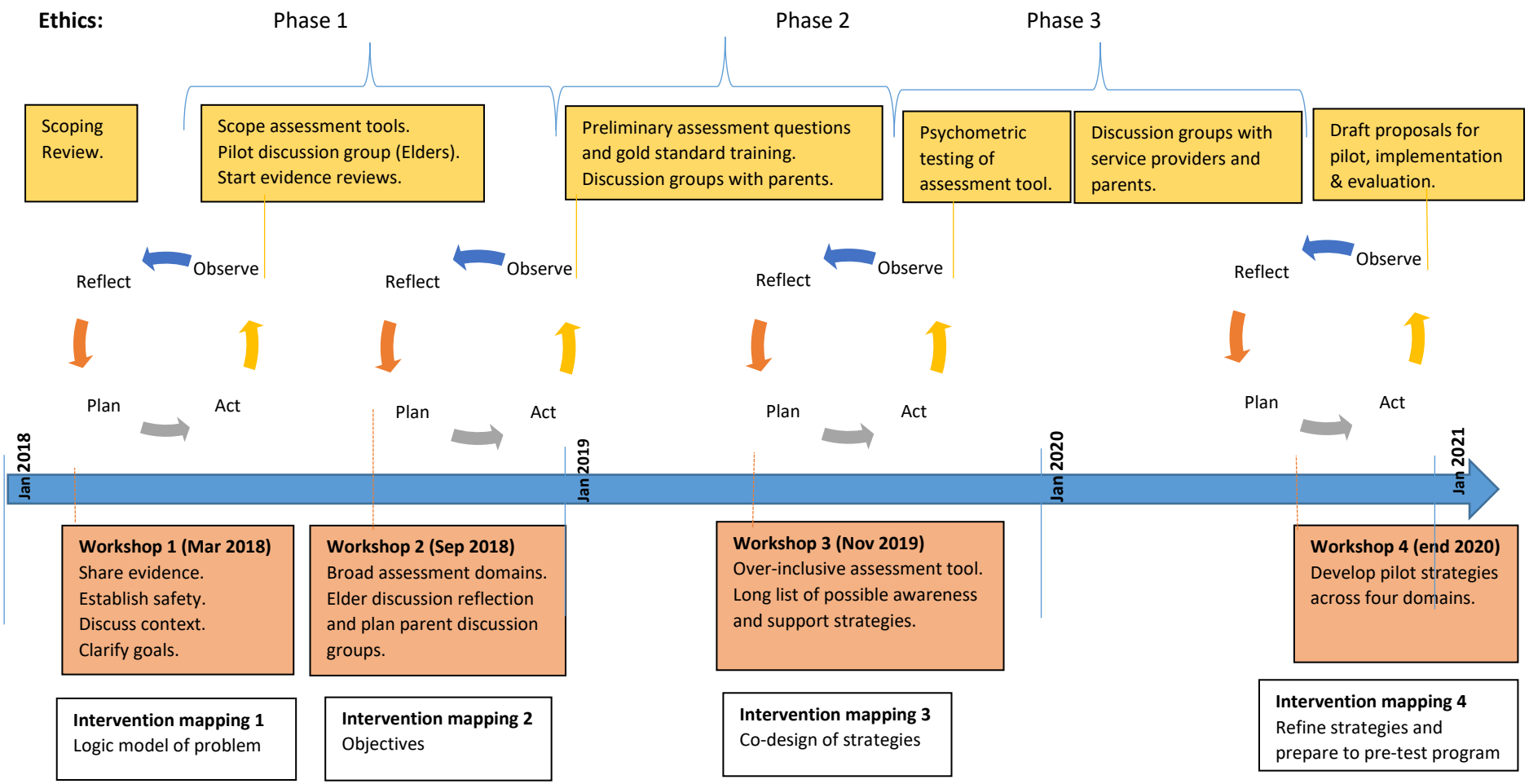***Healing the past by nurturing the future* CBPAR process and Intervention Mapping steps**