

## PhD Confirmation Seminar: Nitin Kapoor

Obesity indicators and their role in identifying metabolic disorders  
in the Asian Indian population

**Supervisors:**

**Prof. Brian Oldenburg** (Principal Supervisor), Director, CHE, Faculty of Medicine, Dentistry and Health Science, University of Melbourne

**A/Prof. John Furler** (Co-Supervisor), Associate Professor

Department of General Practice, Faculty of Medicine, Dentistry and Health Science, University of Melbourne

**Prof. Nihal Thomas** (External Supervisor), Associate Director, Christian Medical College, Vellore, India.

**Date:** Monday, 11th December 2017, 2:30pm to 3:30pm

**Venue:** Seminar Room 302/303, Level 3, 207 Bouverie Street, Carlton

Obesity has attained epidemic proportions in many South-Asian countries. The spectrum of obesity in an Indian setting may vary from apparently thin looking – normal weight obese individual to morbidly obese individuals. The utility of conventional obesity indicators in this unique setting is often challenging. Given this perspective, chronic nature of the disease, the rising trend, a disproportionately large diabetic population and poor access to conventional therapeutic options, it becomes imperative to study obesity from a different standpoint in these individuals.

*Dr. Nitin Kapoor, is a clinical endocrinologist pursuing his PhD at the NCD unit, at the Centre of Health Equity, Melbourne School of Population and Global Health, University of Melbourne. Following his undergraduate medical training in Manipal University, India he pursued his MD in Internal Medicine and DM in Endocrinology at Christian Medical College, Vellore. His keen areas of interest are in the field of obesity and metabolic syndrome and metabolic bone disease.*

