



## Count Me In is a program to help more children to play sport with a local club

### DID YOU KNOW?

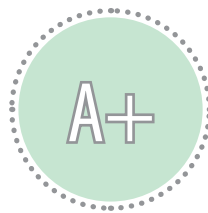
Playing sport at a club can help kids to:



Have more confidence



Be healthier & happier



Do well at school



Make new friends



Learn new skills

### WHAT ARE WE DOING?

The University of Melbourne is working with local schools, sporting clubs, local council, community health services and cultural organisations to support families to join sports clubs.

We are also doing research to find out more about how projects like this can provide the benefits of sport to more children and young people.

*By joining a sporting club there are many opportunities for your whole family to meet new people and make friends.*

### GETTING INVOLVED

To find out more about Count Me In and joining a sports club, talk to your Community Support Coordinator!

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If you would like to know more about our research you can also contact the researchers from the University of Melbourne.

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This project is conducted in partnership with Merri Health, Hadfield Sporting Club, Moreland City Council, Fawkner Primary School, The Centre for Culture, Ethnicity & Health, Arabic Welfare, Netball Victoria, Brunswick Zebras Football Club, Carlton Football Club and AFL Victoria.



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