

CLEAN FACES, STRONG EYES!

Hi! I'm the Trachoma Goanna
I want to Help You Keep Your Eyes Healthy
and Get Rid of Trachoma



TRACHOMA IS
EVERYONE'S BUSINESS

COMMUNITY FLIPCHART



CLEAN FACES, STRONG EYES!

Community Information



We all want kids to be healthy
and have good strong eyes



CLEAN FACES, STRONG EYES!



TRACHOMA

CLEAN FACES KEEP YOUR EYES STRONG



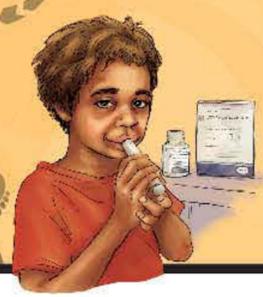
CLEAN HAPPY KIDS



DIRTY FACES CAUSE EYE INFECTION



EYES CHECKED



TREATMENT FOR TRACHOMA IS ANTIBIOTICS



TRACHOMA FOLLICLES



LASHES RUBBING



WASHING FACES AND HANDS



HEALTHY HAPPY GRANDMA AND KIDS



BLINDNESS



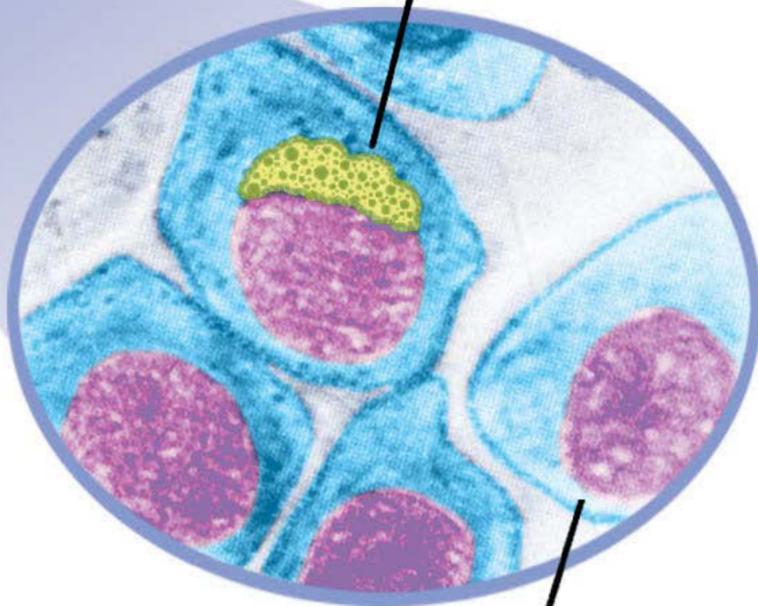
TRACHOMA CAN CAUSE BLINDNESS

CLEAN FACES, STRONG EYES!

The Trachoma Germ



Eyelid cell with
trachoma germ growing

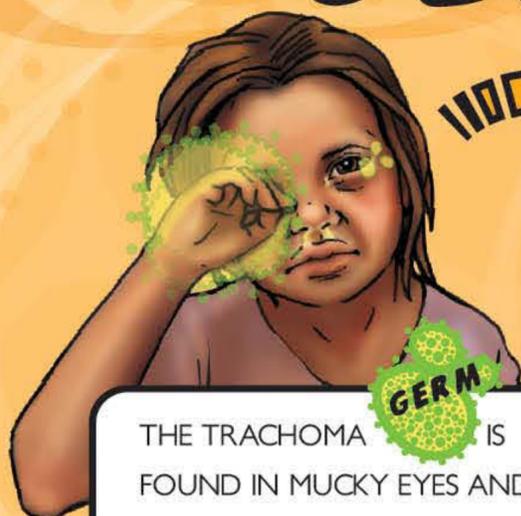


Normal eyelid cell
with nucleus
(looks like a fried egg)

The germ is so small you need
a microscope to see it!

THE TRACHOMA GERM STORY

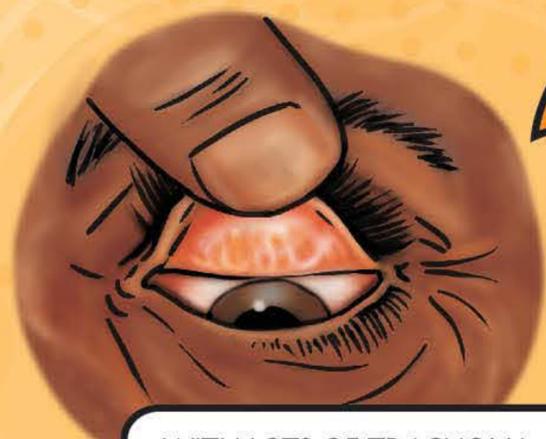
CLEAN FACES, STRONG EYES!



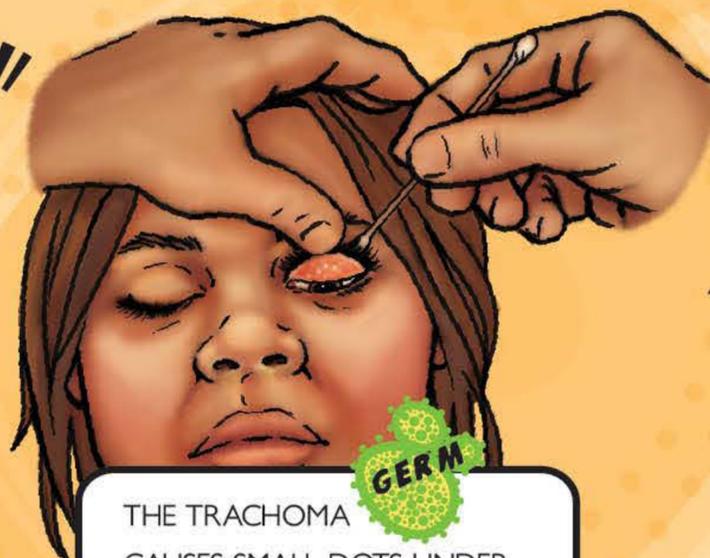
THE TRACHOMA GERM IS FOUND IN MUCKY EYES AND SNOTTY NOSES



YOU PASS ON THE TRACHOMA BY TOUCHING YOUR MUCKY FACE AND THEN TOUCHING ANOTHER FRIEND



WITH LOTS OF TRACHOMA INFECTIONS THE DOTS UNDER THE EYELID TURN TO SCARS



THE TRACHOMA GERM CAUSES SMALL DOTS UNDER THE EYELID



THE SCARS MAKE YOUR EYELASHES TURN IN AND SCRATCH YOUR EYEBALL THIS IS CALLED TRICHIASIS



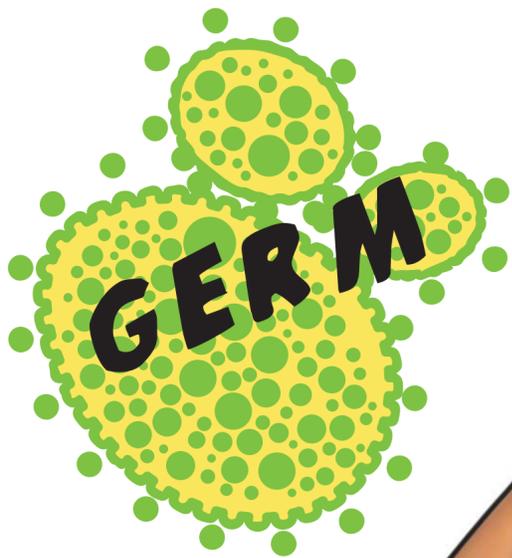
IF YOU DON'T TREAT TRICHIASIS YOU CAN GO BLIND

CLEAN FACES STRONG EYES

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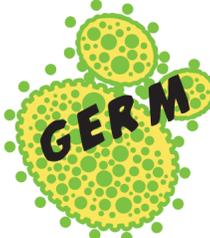
How do you get Trachoma?



The  is in the muck around eyes and snotty noses

Kids play with friends



Trachoma  spreads from dirty hands to clean faces

Young kids will be infected 2-3 times a month. It takes about 150-200 infections to cause blindness.

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How to Stop Trachoma



Kids with trachoma and everyone in the same house take medicine.

1 pill or 1 dose of medicine usually once a year



When there is a lot of trachoma everyone in the community takes the medicine.

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How to Stop Trachoma



Kids need help to blow their noses and wash their faces and hands to stop trachoma.



If a tap, sink or drain needs fixing see or call Housing or Council/Shire or Environmental Health Worker.

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How to Stop Trachoma

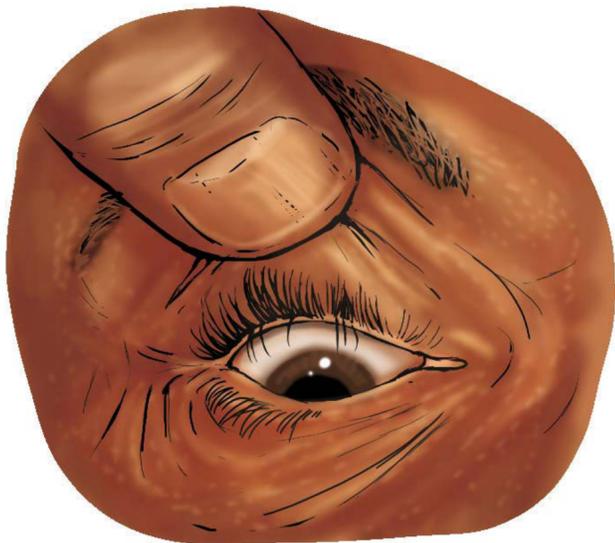


Wash faces every time they are dirty with mucky eyes and snotty noses.



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How to Stop Trachoma



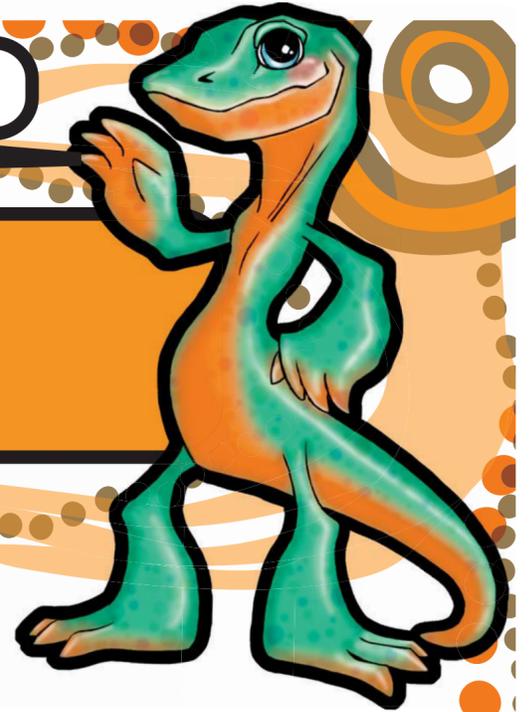
After lots of trachoma the eyelashes turn in and rub on the eyeball which is very painful. This is called trichiasis. If trichiasis is not treated it will lead to blindness.



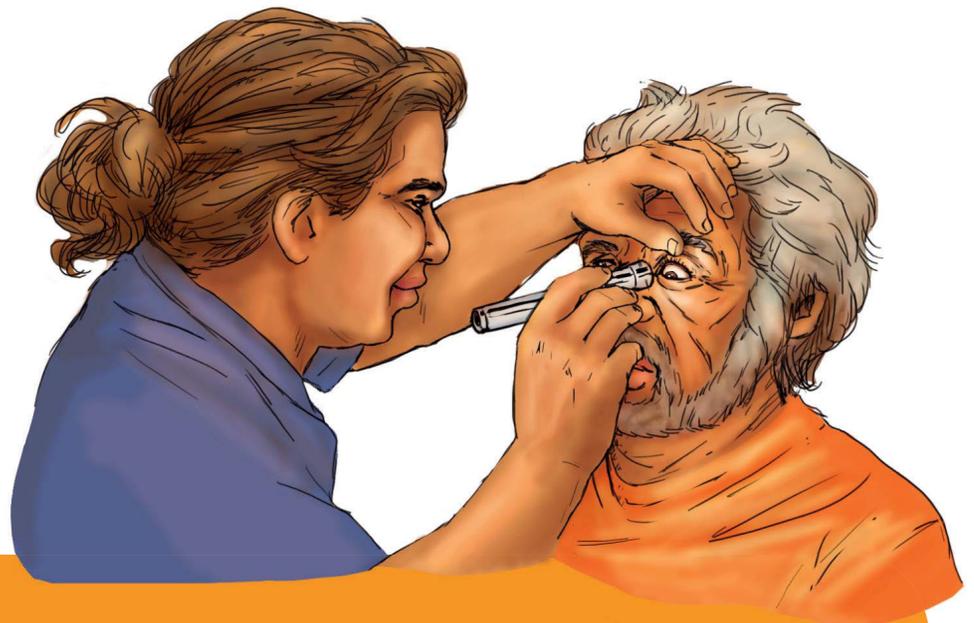
See the clinic if your eyes hurt or if you need to pluck your eyelashes.

CLEAN FACES, STRONG EYES!

Good Strong Eyes



Have a check-up
at the clinic, visiting
eye doctor or
glasses doctor...



- ✓ If you can't see well
- ✓ If your eyes hurt
- ✓ If your eyelashes rub on your eyes

- ✓ **And remember:**
If you have **diabetes** have an eye-check
once every year.

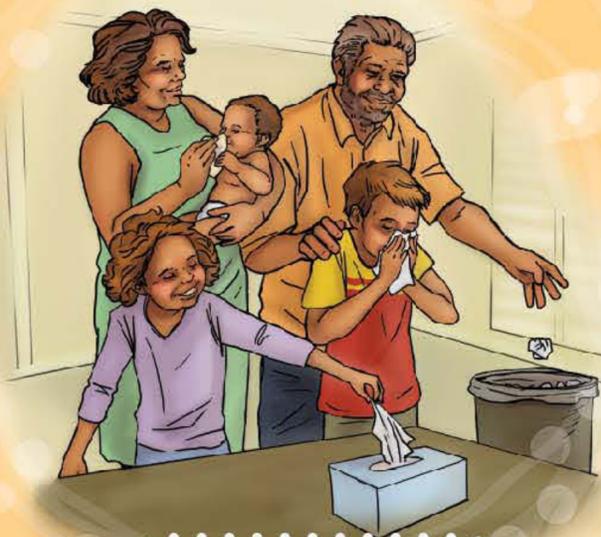
Diabetes resources free of charge at
www.iehu.unimelb.edu.au

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TRACHOMA



STOP TRACHOMA & OTHER INFECTIONS



Blow your nose until its empty with a tissue



Wash hands with soap and water



Wash faces with water when dirty



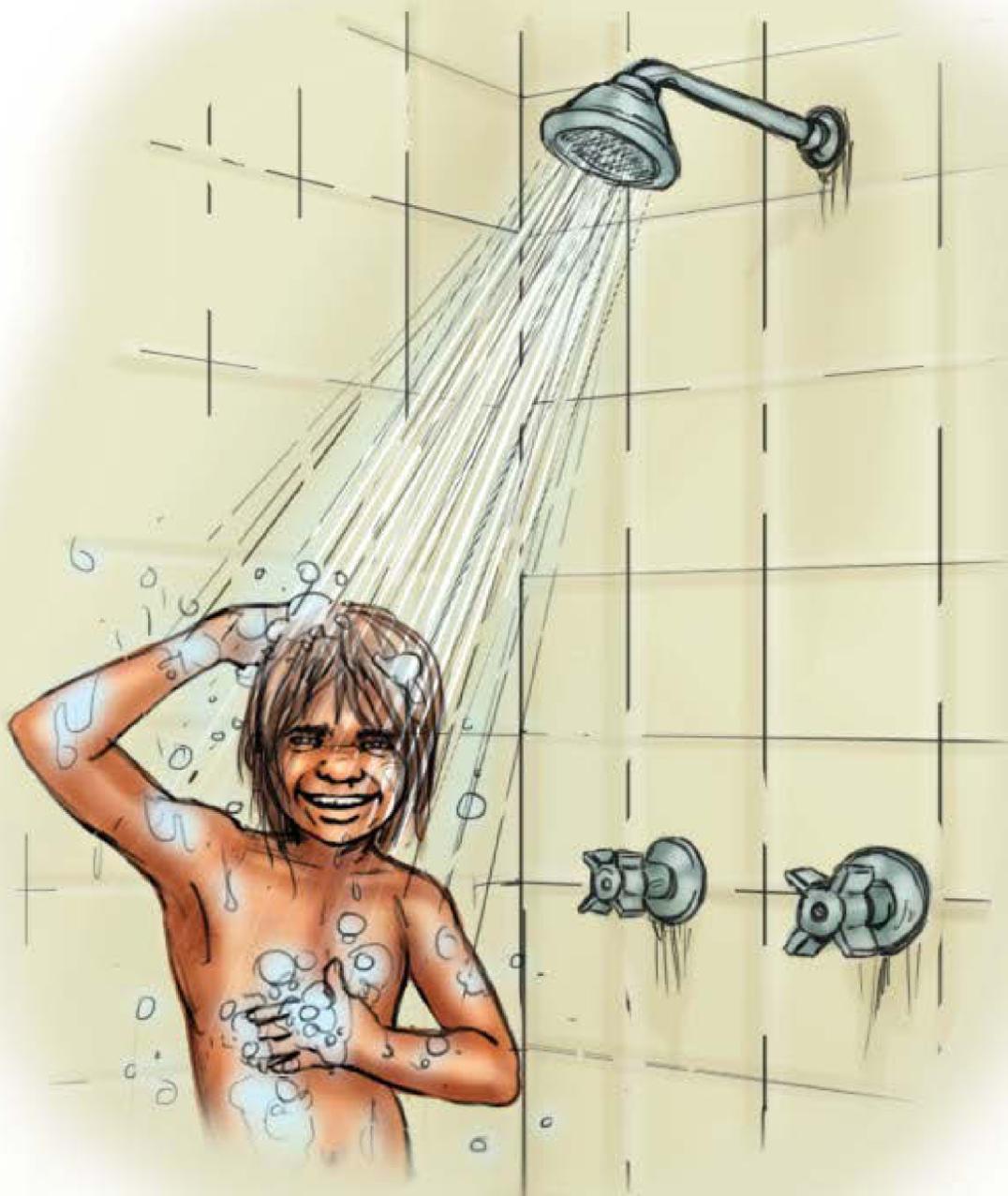
Don't share towels



Brush teeth twice a day with toothpaste

CLEAN FACES, STRONG EYES!

Healthy Eyes & Healthy Skin



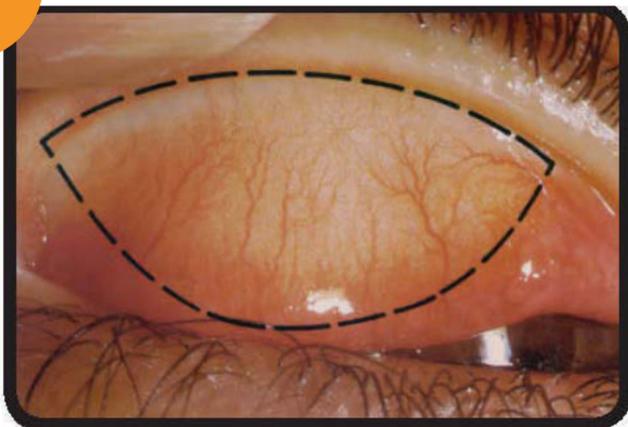
Help kids to have a wash with soap every day especially if they have itchy skin or skin sores.

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What the Trachoma Germ Does

1 Normal Healthy Eye



The conjunctiva is pink, smooth, thin and transparent. Over the whole area of the tarsal conjunctiva there are normally large deep-lying blood vessels that run vertically.

2 Active Trachoma



(TF) TRACHOMATOUS INFLAMMATION-FOLLICULAR The presence of five or more follicles in the upper tarsal conjunctiva.

3 Severe Trachoma Infection



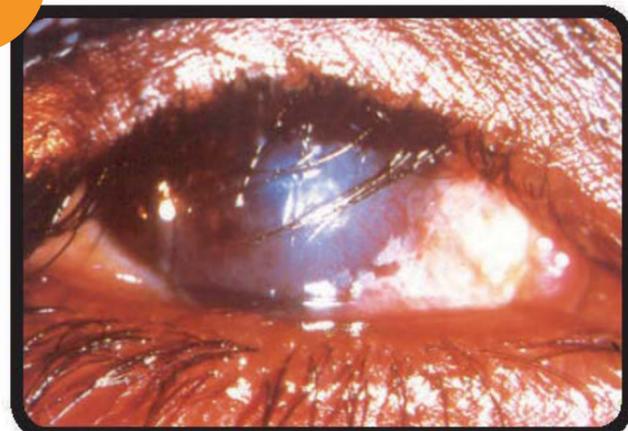
(TI) TRACHOMATOUS INFLAMMATION-INTESE Pronounced inflammatory thickening of the tarsal conjunctiva that obscure more than half of the normal deep tarsal vessels

4 Scar Tissue



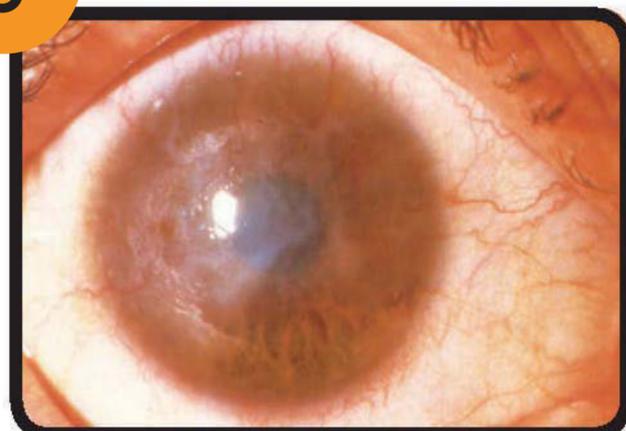
(TS) TRACHOMATOUS SCARRING The presence of scarring in the tarsal conjunctiva by prolonged trachoma infection and reinfection.

5 In-Turned Eyelashes



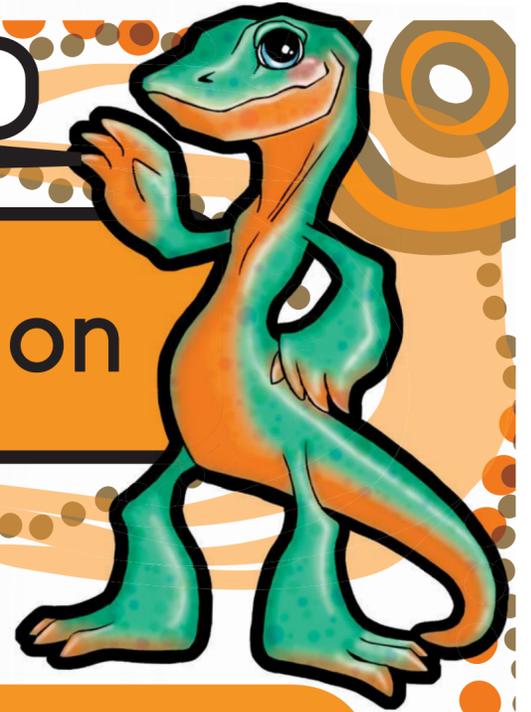
(TT) TRACHOMATOUS TRICHIASIS At least one eyelash rubs on the eyeball.

6 Blind Eye



(CO) CORNEAL OPACITY Easily visible corneal opacity over the pupil caused by prolonged trachoma infection and lashes rubbing on the eye.

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Questions at End of Session

(can ask some or all)

Q: Where are the trachoma germs on a kid's dirty face?

A: In the muck around eyes and snot from the nose.

Q: Can you see the trachoma germ?

A: No, it is so small you can't see it – ask for Aboriginal word

Q: How do the trachoma germs get from one kid to another?

A: By spreading the muck and snot when close to each other

Q: How many infections lead to blindness?

A: 150-200 infections – ask for Aboriginal word

Q: How do we stop trachoma germs?

A: Wash faces whenever they are dirty

Q: If there is lots of trachoma in the community who takes the medicine?

A: Everyone in the community

Q: Who can help kids blow their noses and wash their faces and hands?

A: Family, teachers and everyone who notices

Q: Who do you see or call to fix the tap, sink or drain in the house?

A: Housing or Council or Shire or Environmental Health Worker

Q: When do kids need to wash their faces?

A: Whenever it is dirty with mucky eyes or snotty noses

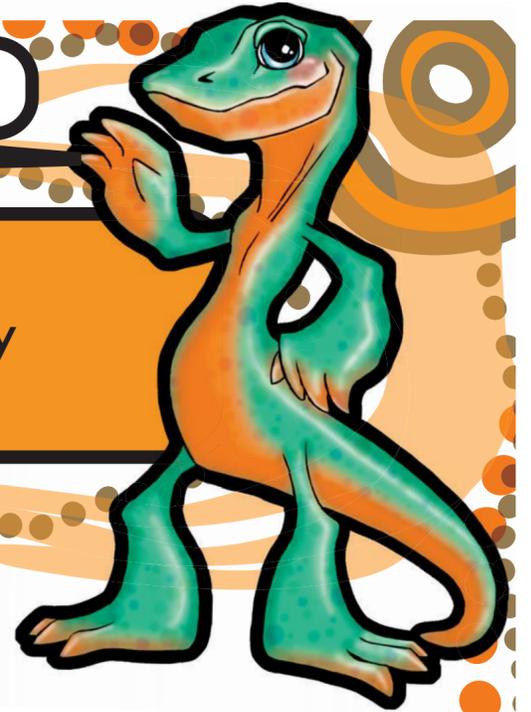
Q: If the eyelashes scratch the eyeball on an adult for a long time what can happen?

A: You can go blind – ask for Aboriginal word

Q: If eyelashes hurt eyes what should an adult do?

A: Go to the clinic

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Acknowledgements

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The artwork is by Lily McDonnell. The goanna is used with permission from the Centre for Eye Research Australia.

For further information and resources please visit:



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